

A Prayer Labyrinth to download and use

A labyrinth is not a maze. There are no tricks or dead ends.

A labyrinth is a pathway, with a destination.



Trace the journey  
of this labyrinth  
with your finger. As  
you do this, say a  
thank you to God  
for the people that  
help you, or pause  
and think about  
them, and what  
they do for you.

the way.

[Download](#) the labyrinth side one

[Download](#) the labyrinth side two

**Source URL:** <https://www.archbishopofyork.org/faith-in-the-north/labyrinth>